



Her Holiness Shri Mataji Nirmala Devi

Sahaja
Yoga
Self
Realization
TOUR

Bodh Gaya

Bihar, India

8th to 12th April 2026

5-Day Residential Program with Meditation



Meditation



Prachar Prasar



Spiritual Sightseeing

In the light of Buddha you can see your ego very clearly. And He's the killer of your ego, He's the one who finishes off your ego.

H.H. Shri Mataji Nirmala Devi



THE MESSAGE OF SHRI GANESHA

Shri Ganesha's puja is to give Realization. That is His puja. Supposing He is waiting there for you to ask for His blessings. Now what is His blessing? It is to give Realization, to allow the Kundalini to rise. You ask for it and what do you get? You ask for your health, ask for this, ask for that. Why not ask, "Shri Ganesha, make us good instruments of Sahaja Yoga. Give us strength to give Realization to people and talk about Sahaja Yoga." People do not even talk about Sahaja Yoga. They are feeling shy....

You must talk about it. You must tell people. You must go around. Do not be afraid. Ganesha will protect you. He will help you. He will be very happy. He will work it out – everything for you. All problems can be solved. Everything can be done. Believe in His power. Have faith in your Mother. That is the message of Shri Ganesha. (15.09.1996 - Ganesha Puja, Cabella Ligure ,Italy)



Dear Sahaja Yogi Brothers and Sisters,

We joyfully invite you to a Mega Collective Self-Realization Journey at the sacred land of enlightenment – **Bodh Gaya**, where **Lord Buddha attained Nirvana under the holy Bodhi Tree**. Today, we walk upon the same blessed soil, enriched by centuries of meditation, compassion, and divine peace.



Let your spirit bloom where wisdom was born!

" **In the land where Buddha found the Light, come share that same divine light with others.**

Bodh Gaya awaits – serene, timeless, transforming."

Join us on this profound spiritual pilgrimage and feel the gentle power of inner awakening in the cradle of enlightenment.

SCHEDULE



- Start Date: **Wednesday, 8th April 2026**
- End Date: **Sunday, 12th April 2026**
- Sahaja Yoga Spreading (School / College / Corporate / Villages)
- Deepotsav, Maha Aarti, Chaitanya Rath, and Medical Camp.



COME JOIN US



SEMINAR
VENUE:

International Meditation Center
Behind Maya Sarovar_Bodh Gaya,
Bihar 824231

CLICK HERE

REGISTER NOW



SCAN ME



Share

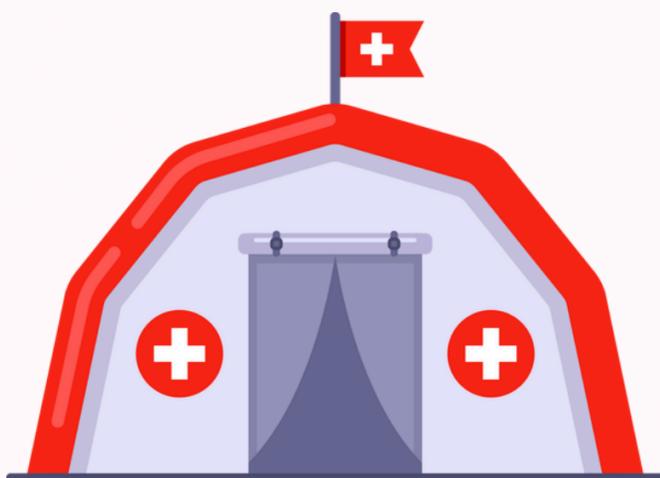
We request you to share the details of this event with your collectivity and humbly invite all the Sahajayogis to book their travel arrangements in advance to attend and enjoy the collective vibrations



DETAILED SCHEDULE

Self-Realization Schedule Bodh Gaya

Time	8 April Wednesday	9 April Thursday	10 April Friday	11 April Saturday	12 April Sunday
05:00 - 06:00		Morning Meditation			
06:00 - 07:30		Self-Realization in Park / School / College			Get Together
08:00 - 08:30		Breakfast			
09:00 - 11:00	Coconut treatment	Village / School Self realization program			Shri AdiShakti Vandana
11:30 - 12:30		College Self realization program			
13:30 - 14:00		Lunch			
14:30 - 16:30	Arrival & Registration	Corporate	Corporate	Corporate	Departure
17:00 - 18:00		Bhajan Sandhya Public Program Location: TBD	Deepotsav Public Program Location: TBD	Sahaj Rally Public Program Location: TBD	
18:00 - 20:00	Shri Ganesh Vandana				
20:00 - 21:30	Orientation	Dinner			Departure
07 April (sightseeing)		Morning 8 Evening 4:00			
		Full Day doctors camp and self realization in all day			
		Sahaja Yoga Chaitanya Rath in all the city of in all days			



08 to 11 April 2026, (four days)
Medical/ Doctors camps and self realization program all day event



08 to 11 April 2026, (four days)
Sahaja Yoga spreading and Self-Realization programs through Chaitanya Rath



Sahaja Yoga Self-Realization Tour April 2026

Samarpan Details

Category -Age	8 to 12 April 26	INR
Bal Shakti (0 - 6 years)	Free	Free
Bal Shakti (6 - 12 years)	INR 600 x 5 Days	3000
YuvaShakti (12 -25 years)	INR 700 x 5 Days	3500
Adult	INR 800x 5 Days	4000



- **Account name:** H. H. SHRI MATAJI NIRMALA DEVI
SAHAJAYOGA TRUST GAYA
- **Account No:** 50200103147723
- **IFS code-** HDFC0000421
- **Bank Name:** GAYA - BIHAR
- **Account Type:** Current Account
- **UPI Id :** 9931079760@hdfc (कृप्या केवल number का इस्तेमाल ना करें number के साथ @hdfc जरूर लिखें)

CONTACT US



REGISTRATION

Ajit Chauhan
+91-9931079760



Transport Team
Mukesh Kumar
+91-8051318480



FOOD
Niraj Sinha
+91-9473023338



Accommodation Team
Satyadeo Mehta
+91-9431224515

Prachar Prasar
Durgesh Kr. Sinha
+91-9334405210



SCAN & PAY WITH ANY UPI APP

After completing the UPI payment, please share the screenshot on Whatsapp number +91- 9931079760 along with your

- name
- UPI ID,
- amount, and
- date of transaction.



Hotel Bookings
Durgesh Kr. Sinha
+91-9334405210

Note :

- All contributions include meals and lodging.
- Transportation charges are not included in the above contributions and will be charged separately on an actual basis.
- Non-resident Yogis are also required to pay the 500 INR per day.
- All foreign Sahaja Yogis are kindly requested not to make payments to this account, as international transactions are not enabled. They can pay in cash directly at the venue.
- For all other details and general information, please contact Durgesh Kr. Sinha at +91-9334405210

Self Realization Tour Schedule

Mega Realization Public Program



**08
APR**

**Collective visit to the Bodhi
Tree and Vishnupad
Temple**

**09
APR**

**Bhajan Sandhya
Public Program**



**10
APR**

**Deepotsav
Maha-Aarti**

**11 APR Mega Sahaja Rally
Public Program**



How To Reach Bodh Gaya

Bodhgaya is one of the most important spiritual destinations in India and is well-connected by air, rail, and road. Below are the convenient travel options to reach Bodhgaya comfortably.

By Air

Nearest Airport

- Gaya International Airport (GAY) – 8 km from Bodhgaya
- Direct/seasonal flights available from Delhi, Kolkata, Mumbai and a few international destinations during peak pilgrimage season.

Nearest Major Airport

- Patna Airport (PAT) – 110 km from Bodhgaya
- Travel Time: ~ 3 hours by road

Tip: Patna has more frequent flights and better connectivity. From Patna, taxis and buses are easily available to Bodhgaya.



By Rail

Major Railway Station

- Gaya Junction (GAYA) – 16 km from Bodhgaya

Trains Available From

- Delhi / Kolkata / Varanasi / Patna / Ranchi / Jaipur / Mumbai
- Many other major Indian cities

From Gaya Station → Bodhgaya:

Take a taxi/auto, approx. 30 minutes travel time.



By Road

Bodhgaya has excellent road connectivity through national and state highways.

Approximate Distances

- Patna – 110 km
- Varanasi – 255 km
- Nalanda – 85 km
- Rajgir – 70 km
- Kolkata – 470 km
-

Available Road Options

- Private Taxi / Cab
- Government Buses (Regular & Express)
- Tourist AC Buses
- Shared Cabs / Auto services

Tip: For groups, hiring a private vehicle is more convenient and cost-effective.



Places to see in Bodh Gaya (Sightseeing)

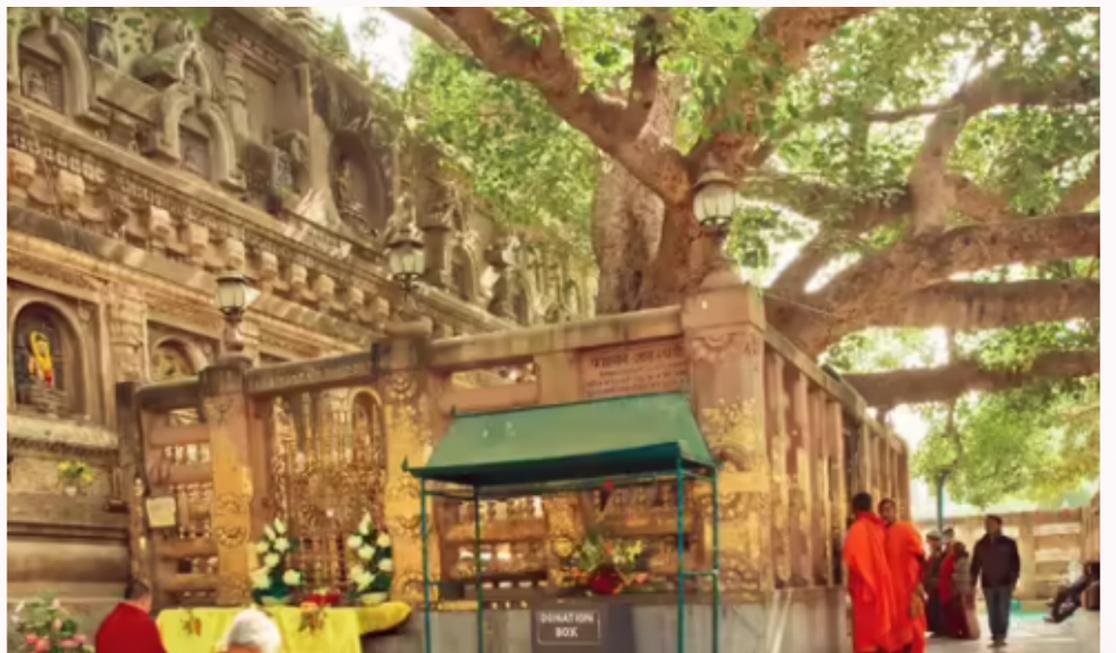


1. Mahabodhi Temple

- UNESCO World Heritage Site
- The sacred place where Lord Buddha attained Enlightenment
- Main meditation point with the Vajrasana (Diamond Throne)
- A must-visit for spiritual seekers

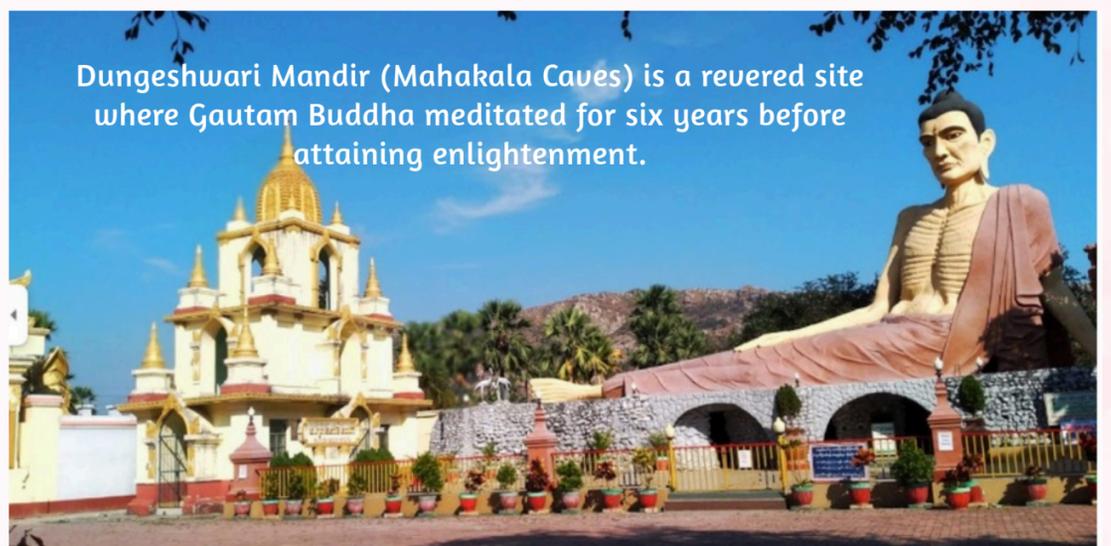
2. Bodhi Tree

- The holy fig tree under which Buddha achieved Supreme Knowledge
- Considered one of the most peaceful spots for deep meditation & reflection
- Pilgrims from around the world sit here for hours in silence



3. Great Buddha Statue

- Iconic 80-foot tall seated Buddha statue
- Surrounded by beautifully landscaped gardens
- Popular photography and pilgrimage point



Dungeshwari Mandir (Mahakala Caves) is a revered site where Gautam Buddha meditated for six years before attaining enlightenment.

4. International Monasteries

Explore the unique architecture and culture of different countries through their beautifully designed monasteries:

- Thai Monastery
- Tibetan Monastery
- Japanese Temple
- Sri Lankan Temple
- Vietnamese Temple
- Bhutanese Monastery

Each monastery reflects the art, culture, and meditation style of its country.

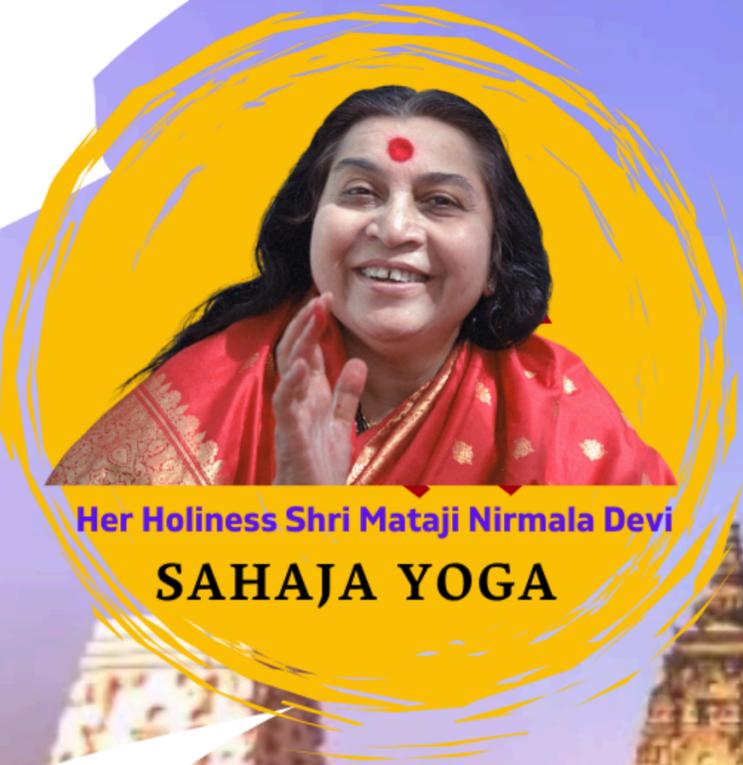
5. Niranjana River (Falgu River)

- Sacred river flowing near Bodhgaya
- Buddha meditated on its banks during his spiritual journey
- Ideal for quiet walks and serene views



IMPORTANT INFORMATION!

- We kindly request all participants to carry a valid photo identity proof while attending the event. Additionally, please ensure that you bring one photocopy of the same to submit to the Registration Team upon arrival
 - Train reservations open 60 days in advance, and the flight booking process has already started. Please proceed with booking your tickets at the earliest. Kindly share your ticket details, as this will help other Yogis coordinate their travel plans accordingly
 - If you are traveling by your own car, please inform us in advance so we can arrange parking. Additionally, if you are traveling with family, ensure that each member is registered individually.
 - If there are any changes to your team, arrival or departure dates, or if your plans shift due to train or flight reservations, or any other reason, please update your registration with the new details.
 - All Yogis are advised to carry standees (most Prachar Prasar teams will have a few) for realization at various locations. Please also bring Prachar Prasar materials such as leaflets, books, photos, portable speakers, etc.
 - We are planning to print special T-shirts for Yuvashakti, priced between INR 300 and 350. If you're interested, kindly reply with your preferred size: Small (S), Medium (M), Large (L), Extra Large (XL), or Double XL (XXL)
 - **Transportation to the Accommodation Venue:** We recommend using public transport such as pre-paid taxis or local buses to reach the accommodation. For individual travelers, bike taxis are also a convenient option
 - Bodhgaya experiences hot weather in April, with daytime temperatures often ranging between 30°C and 40°C. Please bring light, breathable clothing, sun protection such as a hat or scarf, and stay well hydrated. A sleeping bag is not required, but you may carry light bedding if needed for personal comfort.
 - Make sure you have confirmed tickets for your arrival and departure, as it may be difficult to manage without them during the fair.
- 



Her Holiness Shri Mataji Nirmala Devi
SAHAJA YOGA

**Mahabodhi Temple
Vishnupad Temple
Buddha Statue
Bodhi Tree**



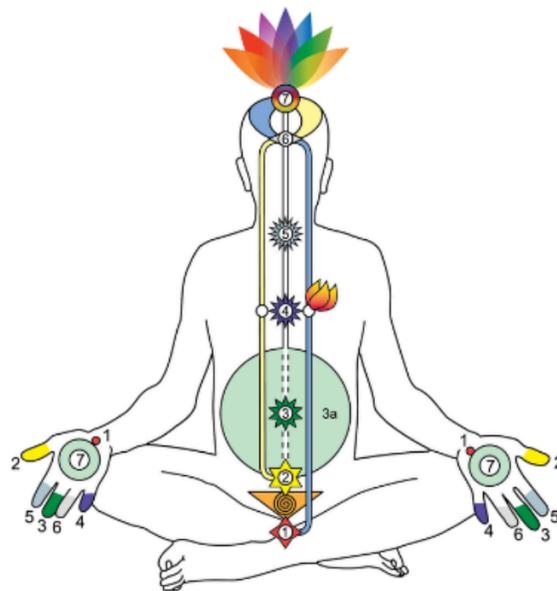
Bodh Gaya

Self-Realization Tour

8th to 12th April 2026 in Bihar, India
5-Day Residential Program with Meditation

Events

- Car Rally
- Deepotsav
- Dhol Tasha
- Doctors Camp
- Bharatanatyam
- Bhajan Sandhya
- Chaitanya Rath Tour



Sightseeing on 7th April

ॐ
**Shri
Ganesh
Vandana**



**8th April
6:00 PM**



+91-9334405210 / +91-9650738787

REGISTER NOW